

Some Stuff You Should Know About Politicians

by Norman K. Breslow v1.6.1

Bottom Line: All politicians are sociopaths. No exceptions. If your mommy is a politician, your mommy is a sociopath, says I. Got it? If you're skeptical, or think I'm being outrageous to get your attention, hopefully by the time you finish reading the following three pages, you'll understand the seriousness and accuracy of my position. Keep reading and learn some things about politicians and lawyers and talk show hosts and...

I started writing this essay 'way back in 1993, because I found myself getting very irritated listening to politicians being interviewed on radio and television shows. Speak about crazy people. Well, to be more accurate, they are personality disordered, not necessarily crazy. What really upsets me is that no one, except for me, seems to realize that politicians are at best sociopaths, and at worst, flat out crazy. Since the news people and talk show hosts who interview politicians are presumably well educated, I assume that they all managed to cut the same lecture given in their college psychology class, the one that discussed the different types of sociopaths.

One type of sociopath is the "con man". The "con" in con man stands for "confidence". A con man gets your confidence. He is charismatic (charming), and slick as glass, he lies with a straight face at the drop of a hat, and isn't concerned about tomorrow. Tomorrow he'll worry about tomorrow. Today he'll say whatever is necessary to make the sale, make the deal, defraud the mark.

Successful politicians get your confidence, they are charismatic, slick as glass, lie with a straight face, and aren't concerned about the future, with the exception of worrying about getting reelected. They say what people want to hear. The politician will say whatever is necessary to get your vote. No kidding.

I'll assume that you are a normal person. If you are, would you like to run for public office? And have your competition spread rumors, lies, and a few truths about you? Do you want to make "deals" with unsavory characters to get campaign donations? Do you think you could walk down the street and not be embarrassed about what people say and think about you after hearing what the competition says to smear you? You know, about your "sick" sex interests, or your "drinking problem", or that you are a homosexual, or that you're not a homosexual, or that you beat your kids, or that you once sold illegal drugs, or that your spouse sleeps around, or that you don't care that kids get hooked on cigarettes because you take tobacco industry money, even if you don't, or that you or your spouse had an abortion, or that you're involved with organized crime, or...

Would you place your kids in the position of taking heat at school because of what is said about you, even if none of these things are true? A normal person wouldn't allow himself or his family to be placed in that position. He wouldn't allow himself to be held up to public ridicule. He wouldn't allow himself to be the butt of jokes on the late night talk shows. He just couldn't deal with the psychological pressure. An abnormal person can place himself in that position, because some parts of his brain, such as the conscience, just don't operate correctly. You see, the part of the brain which makes a person fully human,

capable of empathy, capable of embarrassment, capable of having guilt feelings, is missing.

If you need someone to explain to you what a conscience is, and what guilt feelings feel like, you're a sociopath. If you're not sure what empathy is, it's the ability to put yourself in someone else's situation, to relate to them and literally feel the emotions that go along with their situation. It's the ability to identify with someone else's situation.

The most important thing to remember about a sociopath is that he or she doesn't have a conscience, which for the purposes of this essay means having a sense of right and wrong. The conscience has been described as an internal policeman. One that goes with you wherever you go, and lets you know if you're doing wrong, or about to. And without a conscience, there are no guilt feelings. A person lacking a conscience doesn't know what guilt feelings feel like. And so, without a conscience and without empathy, the sociopath can lie/cheat/steal/etc., and not care about the effect his actions will have on others. And not feel embarrassed or uncomfortable if he is caught lying or cheating or stealing. All he cares about is whether or not he gets what he wants.

Alongside sociopaths are the psychopaths, who are like sociopaths but who commit violent crimes. Think "mafia" and gang members. Psychopaths differ from sociopaths only in that they are violent. Besides that, they are the same type of personality. They have no sense of right vs. wrong, or fair vs. unfair. As mentioned earlier, they have no conscience, no internal policeman letting them know when they are out of line. Without a conscience, a person isn't fully human, and a person who isn't fully human is a subhuman. For many normal people, it's difficult to imagine that such subhumans really exist. Unfortunately, they do.

Only sociopaths will end up in political life, because only those subhumans can ignore the "shame" that others would find paralyzing when the opposition smears them. Because they have no conscience, and so no guilt feelings, and no feelings of embarrassment, they don't really care what others say about them, although they may pretend to. And they can't relate to other people's emotions, because they lack empathy. And only they can lie convincingly, without swallowing hard and start to sweat and stammer, and blush. Only sociopaths can lie convincingly, time after time after time.

Now, back to the question of why interviewers seem to ignore the fact that the politicians they are interviewing are, well, psychological cripples. Not fully human. Subhuman. I'm sure there is a reason. Maybe it's professional courtesy, and the interviewer's intention not to scare away other politicians because he asks tough questions, and doesn't make nice-nice. If that's the answer, then for high ratings, he'll mislead his audience.

Not only do sociopaths lack a conscience and lack empathy, they lack a feeling or concept of fairness. You see, when little children play, it's not uncommon to hear one shout, "No fair, no fair, you stepped on the line," or something like that. Or, one child might say that it isn't fair that another child wasn't invited to a birthday party. This concept of fair and unfair seems to be built into children's brains. Therefore, fairness is a built-in human emotion. Politicians not only lack a conscience, but do not have the emotion of fairness. Fair and unfair are meaningless to them. Only what will score them political points is what matters to them.

(People who study the brain believe they have found that part of the brain where the concept of fairness, associated with the conscience, is located. It's called the Lateral Frontal Pole.

Tests involving brain scans one day will be able to detect a sociopath's brain from a normal person's brain.)

It is important to keep in mind that while all politicians are sociopaths, not all sociopaths become politicians. Probably more sociopaths are attracted to the legal profession than to politics, and then some realize that there are more goodies available to a politician than to a "lowly" lawyer, and so they make the transition into politics. This might explain why so many politicians are also lawyers, or at least have graduated from a law school. You are probably aware that lawyers aren't known for their sense of fairness or for their honesty, but they are known for being liars, which the stand-up comedians joke, "*How do you know when a lawyer is lying? When his lips are moving!*" attests to. Just change lawyer to politician...

In summary, politicians lack a conscience, which makes them subhuman. They don't care about other people, only about themselves, 'cause they lack the emotion of empathy. Sociopaths have varying levels of charisma, that is, they are charming, and they are instantly liked by others for no particular reason. This ability to instantly get people to like and trust them is believed to be the result of a pheromone which causes other people to like and trust them. A pheromone is an aroma which isn't consciously noticed, but which does effect the person who does notice the scent without consciously realizing it. (Hard to believe, but pheromones do exist.)

Why sociopaths emit those pheromones is unknown, but I strongly suggest that when you meet someone who you instantly like and trust, who gives you the feeling, "I really like this guy", you make a note that you are probably chatting with a sociopath, and you should run like hell.

Why some people are sociopaths is unknown. Most shrinks believe that there is a genetic factor involved. A sociopath is born that way, many shrinks and researchers believe. One movie made in the 1950's called "The Bad Seed" brought the belief in a genetic cause for sociopathy to the average person's attention.

Finally, keep in mind that since a normal, relatively sane person wouldn't run for political office, we are doomed to being governed by sociopaths.

Norman K. Breslow, B.F.A., B.A., M.A.

Some thoughts on history repeating itself, personality types, Communism and control freaks, plus some advice on how to spot a sociopath v 2.0

by Norman K. Breslow

History is said to repeat itself. If it does, the question is, why? The answer is simple. There are numerous types of personalities, and each type does what is natural for that type to do. For example, the sociopath, who has no conscience and no empathy and who has a lust for power, often becomes a politician. If he's lucky, he becomes the dictator of a small third world country. If he's very lucky, he becomes the dictator of a large first world country.

Another personality type is the dogmatic personality. No matter what evidence is presented to a person with a dogmatic personality showing that he is wrong on any subject, he won't change his mind once it's made up, and he will insist that he is right. He won't budge. Not an inch. Never. After about 150 years of failure, Commies haven't figured out that Communism doesn't work. They keep insisting that it does, or will the next time a country tries it. This is an example of a Dogmatic personality type!. A control freak is a person who was hurt when very young, either emotionally or physically or sexually, or any combination of the above. They believe that if they can control everyone and everything around them, they can't be hurt again.

Communists, (also known as socialists or progressives or liberals or democrats or republicans) have dogmatic personalities, and are control freaks. If a normal person doesn't like a TV show, he doesn't watch it. If a Commie doesn't like a TV show, he wants it banned. Commies want to destroy what they don't like. When it's destroyed, they feel safer.

In summary, Commies are control freaks who want to control everyone and everything around them. Because they were emotionally and/or physically and/or sexually abused when they were young, they believe if they can control everyone and everything then they can't be hurt again. They have dogmatic personalities, so don't learn from the past that communism doesn't work. Commie politicians are not only control freaks with dogmatic personalities, but also sociopaths, who don't have a conscience or empathy. As sociopathic control freak politicians accumulate power, they become tyrants, which is why history tends to repeat itself. Sociopathic control freak politicians do what is natural for sociopathic control freak politicians to do. They try to accumulate more power and control at other people's expense.

How to spot a sociopath

Listen to their laugh. Sociopaths don't have a full range of human emotions. In any situation, they look at the people around them to show them how to react to what's happening. If other people are smiling, they smile. Easy enough to fake. Easy enough to make them appear to be a normal person. Easy enough to make themselves seem to "fit in".

Sociopaths don't get humor. The best faked laugh they can do is "Ha Ha Ha". Faking a realistic laugh is impossible for sociopaths. Faking a smile is easy.

As an example of the sociopaths laugh, search the Web for "Obama laughing". After almost five years as President, you'd think there would be lots of videos of him laughing. There are almost none. The best examples of him laughing that I found are on YouTube, in which he kinda-sorta goes "he he he he". You'll never see him having a "belly laugh", because sociopaths are incapable of having one. The type of (almost) laugh Obama has is sometimes called "a mirthless laugh" or a "performance laugh". He has been coached to give a "he he he he" laugh instead of a "Ha Ha Ha" laugh because it is thought the "he he he he" is not as noticeably weird as the "Ha Ha Ha" laugh is.

If you do find a video of Obama laughing, does he sound like a person laughing, or a person trying to sound like a person laughing? You decide for yourself. I suggest that whenever you hear a person who has a weird "mechanical-mirthless-performance" laugh,

watch out. Sociopaths should be avoided whenever possible. Just a thought.

P.S. Check out Nancy Pelosi's laugh!

P.P.S. For a scary insight into sociopaths, read "The Sociopath Next Door" by Martha Stout, Ph.D., available on Amazon. I think the author grossly underestimates the number of sociopaths in America, but I believe the rest of the points she makes are right on.

Norman K. Breslow, 2010-2014

nbreslow@aol.com